

TWO GREAT PASSIONS OF MY LIFE:

Soccer and breastfeeding!



Breastmilk prepared me...



... to be a champion!

Breastmilk: First food for champions!

For the best start, your baby should receive only breastmilk for the first 6 months of life. After that, breastfeeding should continue with complementary foods for 2 years or more.

www.paho.org/childfeeding



Pan American Health Organization



World Health Organization
REGIONAL OFFICE FOR THE Americas

Soccer World Cup Brazil

2014

Group A	Group B	Group C	Group D
Brazil Croatia Mexico Cameroon	Spain Netherlands Chile Australia	Colombia Greece Côte d'Ivoire Japan	Uruguay Costa Rica England Italy
Group E	Group F	Group G	Group H
Switzerland Ecuador France Honduras	Argentina Bosnia-Herz. Iran Nigeria	Germany Portugal Ghana USA	Belgium Algeria Russia Korea Rep.

Date	Countries	Goals
12 June	Brazil - Croatia	
13 June	Mexico - Cameroon	
13 June	Spain - Netherlands	
13 June	Chile - Australia	
14 June	Colombia - Greece	
14 June	Côte d'Ivoire - Japan	
14 June	Uruguay - Costa Rica	
14 June	England - Italy	
15 June	Switzerland - Ecuador	
15 June	France - Honduras	
15 June	Argentina - Bosnia-Herzegovina	
16 June	Iran - Nigeria	
16 June	Germany - Portugal	
16 June	Ghana - USA	
17 June	Belgium - Algeria	
17 June	Russia - Korea Rep.	
17 June	Brazil - Mexico	
18 June	Cameroon - Croatia	
18 June	Spain - Chile	
18 June	Australia - Netherlands	
19 June	Colombia - Côte d'Ivoire	
19 June	Japan - Greece	
19 June	Uruguay - England	
20 June	Italy - Costa Rica	
20 June	Switzerland - France	
20 June	Honduras - Ecuador	
21 June	Argentina - Iran	
21 June	Nigeria - Bosnia-Herzegovina	
21 June	Germany - Ghana	
22 June	USA - Portugal	
22 June	Belgium - Russia	
22 June	Korea Rep. - Algeria	
23 June	Cameroon - Brazil	
23 June	Croatia - Mexico	
23 June	Australia - Spain	
23 June	Netherlands - Chile	
24 June	Japan - Colombia	
24 June	Greece - Côte d'Ivoire	
24 June	Italy - Uruguay	
24 June	Costa Rica - England	
25 June	Honduras - Switzerland	
25 June	Ecuador - France	
25 June	Nigeria - Argentina	
25 June	Bosnia-Herzegovina - Iran	
26 June	USA - Germany	
26 June	Portugal - Ghana	
26 June	Korea Rep. - Belgium	
26 June	Algeria - Russia	
28 June	Round of 16	
28 June	Round of 16	
29 June	Round of 16	
29 June	Round of 16	
30 June	Round of 16	
30 June	Round of 16	
1 July	Round of 16	
1 July	Round of 16	
4 July	Quarter-finals	
4 July	Quarter-finals	
5 July	Quarter-finals	
5 July	Quarter-finals	
8 July	Semi-final	
9 July	Semi-final	
12 July	Third place	
13 July	FINAL	

4th Place

3rd Place

2nd Place

Champion

